

The Race to Remember



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 info@hvymca.org  
 raceforum.com/ymca

# PENNINGTON 5K

## Saturday, May 19, 2012



Hopewell Valley YMCA



**Check in:** 8:00 a.m. - YMCA  
 425 South Main Street  
 Pennington, N.J.

**Start/finish:** 425 South Main Street  
 Pennington, N.J.

**Schedule:** 8:30 a.m. 1 mile fun run  
 9:15 a.m. 5K race/walk

**Awards:** Immediately following race (plaques to the top two male and female winners in the following age groups: 10 & under, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69 & 70+)

### Race description:

- This is a green race, bring your own water bottle • Flat course, walker friendly • Course is USATF certified/sanctioned
- Event conducted through the scenic streets of historic Pennington Borough • Traffic & safety monitored by Pennington Borough Police, Hopewell Township Police, and Pennington First Aid Squad • Baldasari & Leestma Timing Systems
- Music, post race refreshments, race shirt & goody bags to participants while supplies last



## PENNINGTON 5K REGISTRATION FORM

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ (home) \_\_\_\_\_ (work)

Emergency contact (on race day): \_\_\_\_\_ (name) \_\_\_\_\_ (phone)

\*\*E-mail: \_\_\_\_\_ Date of Birth/Age (on race day): \_\_\_\_\_ Sex: \_\_\_ M \_\_\_ F

T-shirt size: (please circle) \*      Youth M      Youth L      Adult S      Adult M      Adult L      Adult XL

	Race	Pre-registration (received by May 17th)	Race day registration
Race: (please check)	<input type="checkbox"/> 5K race/walk	\$20	\$25
	<input type="checkbox"/> 1 mile fun run (student)	\$10 (K-8 only)	\$15

\* Receive a race t-shirt while supplies last

I understand that my consent to these provisions is given in consideration of the acceptance of this registration and for being permitted to participate in this event. I am a voluntary participant in this event and in good physical condition. I hereby assume full and complete responsibility for any injury or accident which may occur during my participation in this event and I hereby release and hold harmless Hopewell Valley YMCA, Pennington Boro, Pennington Day Inc., Hopewell Township, Hopewell Valley Regional School District, Hopewell Valley Municipal Alliance, USATF and local USATF Association, corporate sponsors, and all other persons or entities associated with this event (including their employees or affiliates) from any claims I may have arising out of participation in this event, including personal injury or damage suffered by me or others, whether same be caused by negligence of any of the said parties' agents or employees, or otherwise. If I do not follow all the rules of this event I understand that I may be removed from the competition. I give my full permission to any of the said parties to use any photographs, videotapes or other recordings of me that are made during the course of this event.

Signature: \_\_\_\_\_

Signature of parent/guardian if participant is 18 years of age or younger

Checks payable to: Hopewell Valley YMCA • Mail to: Hopewell Valley YMCA, PO Box 301, Pennington, N.J. 08534  
 or in person to: 62 South Main Street, Pennington, N.J. 08534 • REGISTRATION: [WWW.HVYMCA.ORG](http://WWW.HVYMCA.ORG) or [RACEFORUM.COM/YMCA](http://RACEFORUM.COM/YMCA)